



A level Physical Education

Who is it for?

This course will be useful for students with a genuine interest in Sport who wish to study the theory behind the practical side of PE. It is particularly useful for those who are thinking of a career in PE teaching, Physiotherapy, Sports Science, or being involved in the Leisure and Recreation industry.

Criteria for entry:

5 GCSE's or above and an average GCSE score of 5.0. Having studied GCSE PE or BTEC L2 Sport is NOT essential, however you must have GCSE English and Science. It should be stressed that this is essentially an academic subject and not purely a practical one.

The PE Department:

The department is made up of dedicated teachers and coaches. They all teach either BTEC Sport or AS/A – level PE and also coach one of our many sports, who compete every Wednesday afternoon.

Sport is a big part of everyday life at the College. We offer both competitive sports and recreational sports for students who simply wish to just stay fit and healthy.

The Sports teams train every Monday for two hours and compete in the British Colleges sports league and cups every Wednesday.

The teams available at Wyke College:

5x Male Football

1x Female Football

3x Netball

1x Mixed Basketball

1x Rugby

Recreational activities include Badminton, table tennis and Volleyball. All students within the College are allowed and encouraged to take part. This is not exclusive to PE students.

Sports Tours and Visits

The PE department organise two trips per year. We run a sports tour to the Isle of Man, where our Football and Netball teams compete against their teams. We also run an outward bound trip to Wales, which involves activities such as Rock climbing, Bush craft and river walking.

Exam Board

OCR

Course Details

Units 1, 2, and 3 make up the AS Level units and 4, 5, and 6 complete a full A level. AS topics include Applied Anatomy and Physiology, Acquisition of Skill and Contemporary studies. A2 topics include Exercise Physiology, Psychology of Sport and History of Sport.

Assessment: AS is 60% examination, 20% practical and 20% coursework. A2 is 70% examination, 10% practical and 20% coursework. The examination are taken in the summer term.

At AS students take forward their two best practical scores. For instance this may be Football and Cricket. At A – level the students select one of the activities they took forward at AS and are assessed at that sport.

The coursework is a verbal sports analysis focusing on strengths and weaknesses of an observed performer. Students must Identify these and create an action plan to improve their weaknesses. At AS the students review the local and national opportunities for participation and the health implications of participating in sport. At A-level the student review the entire AS and A2 topics. We spend three weeks minimum working on our verbal coursework assignments.

How the course is delivered

You will have 4 lessons a week, 3 theory lessons and one practical lesson.

What can you do afterwards

Students could progress straight into employment in the leisure and recreation field. Many students progress onto degrees in Sports studies, human movement studies, leisure and recreation courses or train to be Physical Education teachers. This course is also a suitable basis for anyone wishing to continue on to nursing or physiotherapy.